

NO BARRIERS

A Publication of the Florida Disabled Outdoors Association



Special points of interest:

- Charlie Ward Basketball Camp
- SportsAbility 2008

In a sense, inclusion is a philosophy. It is a value that supports the right of all children, regardless of their abilities, to participate actively in “natural settings” in their communities. “Natural settings” are those places where a child would spend time, had he not had a disability. In general, inclusion is full participation in family and community life for all people, including persons with disabilities.

October 2007, FDOA was awarded a one year grant possibly up to three years through the Florida Developmental Disabilities Council to provide training to pilot sites in Tallahassee, FL. The pilot sites trained include: Capital Region – YMCA and the City of Tallahassee – Parks,

What is Inclusion?

Recreation and Neighborhood Affairs.

The FDOA has created a training program for recreation staff and administrators to help them implement inclusive recreation practices into the established recreation programs in which they work. This Recreation Inclusion Program is designed to serve children with developmental disabilities. This pilot program will then serve as a prototype and can be replicated in other areas throughout the state.

The ultimate goal of this program will be to enhance the quality of life for children with developmental disabilities by encouraging participation in, and access to, barrier-free physical

activities and recreation programs. Improving and making these programs more readily available will increase participation in them by children with developmental disabilities along with those without disabilities. These shared recreational activities will then lead to the physical, mental, social, emotional, and spiritual growth and development of everyone since the more experience we have of one another, regardless of our differences and abilities, the stronger our interpersonal ties and commitments will be and the more respect we will have for each other.

For further information, contact Kristy Carter at (850) 201-2944 ext. 3 or krcarter@fdoa.org.

World Congress on Disabilities

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FDOA is proud to announce a new partnership with the World Congress on Disabilities taking place November 21-22 at the Prime Osborn Convention Center in Jacksonville, FL.

WCD Expo is dedicated to

improving the lives of those with developmental and physical disabilities, their families and professionals who work with them. WCD Expo is an event with two main features: the expo and the conference. The EXPO will show the latest

products and services that are improving the lives of those with disabilities. The conference is where you can learn about issues facing the disability community from the experts.

This year, FDOA will be hosting the recreation component of this event as a SportsAbility Sampler. Featured activities will include: rugby, basketball, tennis and more.

For more information, contact Mark Dineen of WCD Expo at 201-722-9233 ext 114 or mark@wcdexpo.com, www.wcdexpo.com or FDOA at 850-201-2944 or info@fdoa.org.



Charlie Ward Basketball Camp

FDOA initiated a partnership with the Charlie Ward Basketball Camp. On June 25, the FDOA provided the opportunity for children at the camp to interact with wheelchair basketball players. The children were able to experience playing wheelchair basketball. The demonstration featured an educational session on recreational benefits and

opportunities for all people. Charlie Ward and his

team coaches. Charlie Ward Basketball Camp is an initiative of the 1993 Heisman Trophy winner, Charlie Ward.

In addition, other activities are offered and prizes are awarded. For more information, contact FDOA at info@fdoa.org.

The goal of the camp is to reach out and make a difference in the lives of young people. The camp provides five days of basketball instruction with



SportsAbility Tallahassee 2008!!

This year SportsAbility was held April 17-20, 2008. The 4 day event opened on Thursday, April 17 with the Active Leisure for Life banquet held at Ramada Inn & Conference. The banquet celebrates the efforts of those who have contributed to the disability community. This year the award was received by the Tallahassee Orthopedic Clinic for their efforts throughout the year helping the disability community.

On Friday, April 18, participants experienced many accessible and inclusive recreational activities and indoor sports, such as power soccer, tennis, martial arts, fishing simulation, target shooting, art expression, and therapeutic recreation activities. This year's event was particularly electrifying

for many participants, volunteers, families, and friends for the addition of many recreational activities, including the art experience from the Art Therapy Department at Florida State University and dance performances by the Pyramid Studio Inc.'s members and staff. The art experience program provided children with disabilities new ways to express their creativity while having fun. Trained students guide people through basic steps using brushes, friendly paint colors, and other mediums. The result is an environment of inspiration where barriers are defeated by imagination.

Another addition to SportsAbility was the dance performance by Pyramid Studio Inc. This not-for-profit

organization seeks new ways to engage its students, to provide an environment in which they can find excitement and meaning – and to provide them the opportunity to become full participants in their communities.

Through dancing, Pyramid Studio Inc. incorporates people with disabilities in physical and recreational activities. Other recreational opportunities provided by Pyramid Studio Inc. consisted of theatrical plays, pottery, painting, and jewelry classes. In addition to recreational performances and demonstrations, participants also had the opportunity to attend the SportsAbility Resource Expo with the latest information about

products, services and programs addressing leisure recreation, health, assistive technologies and other disability related interests.

Saturday, April 19 focused on enabling people to experience outdoor activities, such as pontoon boat rides, sit-water skiing, sailing, kayaking, nature trail rides, horseback rides, archery, target shooting, disc golf, music, food and more.

The event closed on Sunday, April 20 with a power soccer clinic. For more information on how to get involved, contact FDOA at (850) 201- 2944, www.fdoa.org, or info@fdoa.org.



Thank you SportsAbility Sponsors!!!!

Ability 1st
Able Trust
Accessibility Solutions
Advanced Driving Systems
Advocacy Center for Persons with Disabilities
Agency for People with Disabilities
American Ramp System
Barnes Healthcare Services
Big Bend Transit
Brain and Spinal Cord Injury Program
CHSP, City of Tallahassee

Coca Cola
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FAAST
First Communications
Florida Fish and Wildlife Commission
Florida ARF
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Florida Department of Vocational Rehabilitation
Florida Independent Living Council
Florida State Park Department
Flowers by Genny
FSU Art Therapy Association

FSU Office of Science Teaching Activities
Goodwill- Big Bend, Inc.
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HANK
HealthSouth Rehabilitation Hospital
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Leon County Tourist Development Council

Mic Dotterelli Photography
Mobility Plus, Inc.
Ochlockonee River State Park
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Subway-TCC
Tallahassee Community College
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Tallahassee Diagnostic Imaging
Tallahassee Moose Lodge
Tallahassee Orthopedic Clinic
TCC Therapeutic Recreation Class
U Can Ski 2
Volunteer Florida
WCTV 6
Wilderness Way
Williams Orthotics
Woodmont Assisted Living Community

Mobility Impaired Hunts

To apply for FWC 08-09 mobility impaired hunts:

Phase I and II applications are accepted from June 25 to Aug. 11 where one permit per person will be issued. Phase III permits will be issued beginning 10:00 AM Aug. 5 until all are issued. Worksheet can be found at: www.myfwc.com/hunting/quota_hunt/Docs/Mobility-impaired-WEBVERSION.pdf

Apply on-line at www.wildlifelicenses.com or any tax collector's or agent's office.

Hunt choices are:
Blackwater Hutton: Jan. 30–Feb. 1, Feb. 6-8
Dupuis WEA: Oct. 25-26
Econfina Creek: Nov. 28-30, Jan. 16-18, Jan. 23-25, Jan. 25-27, Jan. 30-Feb. 1, Feb. 4-6

Holton Creek: Oct. 10-12, Oct. 24-26, Oct. 31-Nov. 2, Dec. 12-14

Ralph E. Simmons: Oct. 11-14

Seminole Forest: Oct. 17-19

Suwannee Ridge WEA: Oct. 10-12, Oct. 24-26, Oct. 31-Nov. 2, Dec. 12-14
Three Lakes: Oct. 31-Nov. 2

The Eglin Air Force Base hunt will be held February 2-3, 2009. Contact (850) 882-4165 or (850) 882-4166. Applications must be returned by January 1, 2009 to be included in the random drawing.

For **St. Mark's National Wildlife Refuge** hunt on Dec. 13-15, contact (850) 925-6121 or visit www.fws.gov/saintmarks/huntinginfo.html to apply. ♻️

Family Café

The Family Cafe was held on June 13-15. FDOA's partnership with the Family Café entailed a SportsAbility Sampler that was held at Disney's Coronado Springs Resort. FDOA provided a recreation experience including, fishing

simulation, casting, target shooting, archery, fishing on the lake at Disney's Coronado Springs, sit water skiing demonstrations, and educational sessions. The event was made possible through partnerships with

Florida Fish and Wildlife Conservation Commission, BASS, UCANSKI2, and the Florida Department of Health. The event was a true success! ♻️



Membership Application

How can YOU support the efforts of the Florida Disabled Outdoors Association? **Become a member of the FDOA!**

Your assistance is valued and truly appreciated!! When you become a member of the FDOA, you not only support the programs mentioned in this newsletter, but you **ensure their continued success and growth.**

Yes, I want to ensure that FDOA's programs continue! Please accept my support at the following annual dues membership level:

- \$20.00 Individual
- \$50.00 Family
- \$100.00 Not-for-Profit
- \$200.00 Business
- \$1,000.00 Patron
- \$2,500.00 Trustee
- Please accept my additional donation of \$_____.

FDOA is a 501 (c)(3) nonprofit organization and gratefully accepts donations and in-kind gifts. All contributions are tax deductible.

Name _____
 Organization _____
 Address 1 _____
 Address 2 _____
 City _____
 State _____ Zip _____
 Home Phone _____
 Work Phone _____
 Cell Phone _____
 E-mail _____

Please indicate any areas in which you would be willing to help.

- Marketing / Promotion
- Fund Raising
- Event Planning
- Finance / Accounting
- Computer Applications / Web Development
- Musician
- On-site assistance at functions
- Other _____

Please mail your membership application to:

FDOA
 2475 Apalachee Parkway
 Suite 205
 Tallahassee, FL 32301



SportsAbility Tallahassee Dates Set!
April 16-19, 2009

Non-Profit
U.S. Postage
PAID
Tallahassee FL
Permit #834

Active Leisure for Life!

2475 Apalachee Parkway, Suite 205
Tallahassee, FL 32301

Phone: 850-201-2944
Fax: 850-201-2945
Email: info@fdoa.org

WE'RE ON THE WEB!

WWW.FDOA.ORG

President's Report



David Jones
FDOA President

I'm very proud of our organization. It is inspiring to see so many people united and motivated in pursuit of our common mission. Read it. *"FDOA enriches lives through accessible inclusive recreation and active leisure for all"*. Our slogan *"Active Leisure for Life"* paraphrases it.

The past and future successes of the FDOA come directly from the commitment to our mission. Our staff, board and army of supporters have made amazing accomplishments over the past years since we established the Five Year Strategic Plan in 2003. Instead of reflecting on those successes, I look forward as we create our next strategic

plan in August.

To continue this past success and move into the future, we need to keep our focus on four main goals: enhancing lives, advocacy, knowledge, and development. First and foremost we need to continue with all of our programs that are enhancing the lives of people with disabilities. Both individually, with the health and wellness benefits of physical activity, and in our communities, as we introduce and create accessible and inclusive leisure opportunities. Secondly, we must continue our focus on advocacy. The message of need, desire and right to recreation for all is very important. The benefits of health, wellness and community must be communicated. The third focus is in knowledge base. We must

continue in our efforts to teach and train recreation and disability service providers on how to deliver access and inclusion into their programs and facilities. It is also crucial that we continue our own education and pursuit of information and best practices nationally so we can put and keep Florida in the top of this field. The last area of focus is on development. We must continue in our pursuit of professional operational excellence and in the growth of our programs through collaboration and partnering efforts. I invite you all to join us on our mission. Read it again.

