

A FLORIDA DISABLED OUTDOORS ASSOCIATION PROGRAM

#### Enriching Lives Through Accessible Inclusive Recreation

#### Active Leisure for Life

SportsAbility's goal is to EDUCATE, MOTIVATE and SUPPORT people of ALL ages and ALL abilities to improve health and well-being through physical activity.



#### EVERYONE IS INVITED

- People of all abilities, their family & friends
- Professionals
- Providers and students of recreation, technology, healthcare, rehabilitation & social work

### SPORTSABILITY ACTIVITIES

SportsAbility enhances the lives of people with disabilities by promoting active living and providing first-hand access to resources and activities designed to encourage participation regardless of age or ability level. Participants explore and pursue diverse interests in sports, recreation and active leisure.

## RESOURCE EXPO

Multi-sector resource exhibitors and recreation activity providers teach attendees about the latest products, programs and services available to people with disabilities; people learn in a hands-on way about active leisure options.

# **INFORMATION / DONATIONS**

www.fdoa.org/sportsability

(850) 201-2944 info@fdoa.org



Florida Disabled Outdoors Association 2475 Apalachee Parkway Suite 205 Tallahassee, FL 32301 www.fdoa.org

FDOA gratefully accepts tax deductible donations and in-kind gifts as a 501(c)(3) nonprofit organization. (Federal ID# 59-3051552)